

the official newsletter of the Motorsport Emergency and Turnworkers Association

MAYDAY

MAY 1994

M.E.T.A. c/o 10952 McAdam Road, Delta, B.C., Canada

V4C-3E8

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Advertising:

Size:	Full Page	1/2 Page	1/4 Page	Bus. Card
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Non-business classified ads are free to members.
Maximum length is three lines.

Race Schedule 1994

Date	Event	Location
05/14	Vintage	Seattle Int'l Raceway
05/21/22	Conference	Portland Int'l Raceway
05/21/22	Knox Mtn Hillclimb	Kelowna
05/28	SCCBC	Mission
05/28/30	SCCA	Seattle Int'l Raceway
06/4/5	Conference	Seattle Int'l Raceway
06/11	ASN/SCCBC	Mission
06/11/12	Conference	Portland Int'l Raceway
06/11/12	SCCA	Bremerton
06/17/19	SCCA Rose Cup	Portland Int'l Raceway
06/26	Indycar	Portland

Announcements:

Please read the minutes of the April meeting regarding the special resolution to be voted on at the May meeting.

FIRST AID TIPS: INSECT STINGS

by W. SMITH

There are five different types of flying stinging insects that are found in most areas.

BEES: The HONEY BEE - hairy body, yellow/brown with black markings. Wild bees are usually darker, mostly black, with yellow/brown markings.

THE BUMBLE BEE - hairy body, fairly large, black with yellow to white bands.

Bees have a stinger with a barb, that will remain in the sting site.

WASPS: Wasp - identified by narrow waist, cigar shaped abdomen, black or black marked with white, red or Yellow.

HORNETS: HORNET - short waist, the abdomen sharply falls off at the anterior end. Sparse hair, black in color, marked with yellow or white.

YELLOW JACKETS: Aggressive, black in appearance, with yellow bands similar to hornets

Stinging, flying insects are more likely to sting on bright, warm days, particularly following a rain that has flushed away the nectar from the flowers. Insects are attracted to brightly colored clothing or dark clothing with rough finish. White clothing with a hard finish furnishes the least attraction. All types of bees are attracted to odors such as highly scented colognes, perfumes, sun tan oil and powders. Children should be warned about becoming excited and flailing at insects since some, such as the yellow jacket, become very aggressive. Skin exposure should be kept to a minimum while outdoors; shoes, long sleeve shirts and a hat are best. Garbage should be covered as quickly as possible, to lessen its attractiveness to the insects looking for food.

There is one (1) "type normal" reaction to a bee sting, and three (3) "abnormal" responses.

A normal reaction is generated with insertion of the stinger and the injection of the venom. A sharp pain in the area of the sting, and within minutes a small reddened area, about the size of a 25c piece will appear. The area will hurt, produce some swelling and last approximately 24 hours. A sting on the hand or foot sometimes will last 48 to 72 hours.

An Allergy response is a sensitivity to the venom injected in the skin by the insect stinger. This venom becomes an "Allergen" and produces an abnormal response in a sensitive individual. This allergy reaction can happen even if the past experiences with such stings were normal reactions. There are two (2) allergic reactions to the insect allergen:

1. Localized allergic reaction - pain, itching, swelling larger than a 25c piece, extending beyond a joint. As an example a sting on the back of the hand that swells beyond the wrist. The reaction may be delayed. The delay time can be anywhere from hours to days.
2. Systemic (Anaphylactic) response - This is serious and in the severely sensitive person may lead to death. Approximately 50 deaths per year are attributed to insect stings. The symptoms are progressive, becoming more life threatening as the seconds pass. Indications occur within seconds up to minutes from the sting. Symptoms of shock, sweating, sick to stomach and vomiting. Skin surface flushed, raised red rash, swelling of face and hands, with intense itching in the rash areas. Breathing difficulties, swelling of throat, wheezing in chest, difficulty in swallowing. Shortness of breath and rapid respiration. A very fast pulse rate. **Unconsciousness and death may result if not treated.**
3. A toxic reaction is difficult to distinguish from a sensitive

reaction. This reaction occurs from ten or more stings. The symptoms of vomiting, diarrhea, dizziness, headache and fever accompany the stings. **If in doubt whether a reaction is anaphylactic or not, administer the anaphylactic treatment.**

FIRST AID PROCEDURE:

- A. Identify if individual sensitive or not. **If yes GO to G.**
- B. If the stinger is still present, scrape the stinger off. Do not squeeze the stinger, this can insert more venom.
- C. Clean the effected area with an anesthetic solution and rinse the area with cool water.
- D. Apply Meat tenderizer to the sting site. This will neutralize the venom by an alteration of the venom chemicals. Several alternatives are; Baking Soda, Talcum, Baby Powder, Corn Starch, Calamine and Caladryl. Make a paste of the dry ingredient and water then apply and allow to dry.
- E. Apply a cold pack to sting site.
- F. Observe the patient for at least 25 minutes:
 1. If pain and itching subside, or remain minimal patient care return to normal activity.
 2. If swelling and pain increase then the patient should seek medical advice and treatment.
- G. **SYSTEMIC (Anaphylactic) Reaction.** See Symptoms.
 1. Check Airway, breathing and pulse. Provide basic life support as trained.
 2. Notify Emergency Medical Services. **CALL 911**
 3. Assist patient with taking prescribed medications: Epi-pen, Ana-kit or other physician directed medications.
 4. If there will be a delay before medical assistance arrives, slow the venom (Allergen) absorption by placing a constricting band between the sting and the heart. As an example, for a sting on the lower arm, place a band just below the elbow then lower the arm below the heart level. Application of cold will further slow the rate of absorption.
 5. Stay with patient, passing any information to paramedics or other medical responders.

Stay calm, act quickly and timely. The calling of medical assistance, reassuring the patient and help with medication will go along way in neutralizing a real emergency

References:

Community First Aid and CPR, American Red Cross, 1993
Edition Emergency Care and Transportation, Orthopedic Surgeons,
5th Edition, 1993
ORS, 433.805 Oregon State

ANOTHER QUIET TEST & TUNE
by Steven Bibby

Yup, it's a busy Test & Tune at Mission. Jo Adair and her new assistant are working Pre-Grid, Chief Communicator, and Starter. George Chambers is Turn Marshall, Flags and Response at Turn 4.....and also Turns 5 & 6. I'm covering the straightaway....and Turns 1, 2 & 3.

We started the day with an invigorating morning meeting. We explained to the drivers that we were sharing one set of flags (thank goodness George brought his new ones) and that we had no radios so they better not even think of breaking down or crashing. Pre-grid was set up at turn 5, and two cars were permitted on track at any one time. George and I set up on turn 3 and along the straightaway at turn 3. With this view we could flag down the second car with up to a half lap of warning.

The cars started out calm enough. A formula ford spun coming out of 2 and landed in front of us at 3. His only comment as he restarted the car with a big grin was "boy, that was fun!". Things got progressively better. A 5 Litre Mustang was pushing 56 seconds in his first few laps, then pushing the car by the third. After blowing his engine with a bang in the front straight beside us at turn three, he moved it to a safe location.....around the corner at turn one. I did my first quick response via my awaiting Beretta while honking an S.O.S. to our chief communicator. The Mustang driver began sending smoke signals back to the pits and Jo, being part Indian, dispatched a truck load of drivers with brooms. Suddenly, before our very eyes, the drivers hopped out and started doing the grease sweep shuffle! All 800 feet of it!!! Sure do wish I had remembered my camera.

When racing resumed, it was quiet until a visitor from P.E.I. dropped by unexpectedly. After driving past the Barriers in turn one and onto the course, George managed to wave him off the course to the runoff in two before explaining that "the drag boats don't run today". That's where we confirmed the hand signal for "bonehead on course".

So what else happens on a quiet day? After much discussion and a quick vote, we determined the following Ten responses NOT to use at the Canada/U.S.A. border:

- 1) I'm a turnworker, I'm just going down to work a race.
- 2) By the way, what is the limit on alcohol?
- 3) Do I have to Declare everything?
- 4) Why do you want to know?
- 5) How long have I been down where?
- 6) Yes, this is a rented car....I think (ask T.S.).
- 7) Could you be more specific on that firearms question?
- 8) Receipts for proof? Sure, I've got a ton of receipts.
- 9) Do you have to declare alcohol if it was a gift?
- 10) Citizenship? We're from Surrey!

Classic Car Auction April 16-17th

Several members of META spent an interesting weekend by being involved with the Classic Car Auction held in the Centennial Theatre, North Vancouver.

About 80 cars were sold on the Sunday afternoon and many more were on display to the inspected, touched and admired by a large crowd on the Saturday.

The cars dated from 1928-1994 and there were many makes and models. The META members had a lot of fun driving the cars to be auctioned into the theatre from the parking lot and returning them when sold. Some cars had to be pushed and some were hard to start and though there were many anxious moments during the weekend there was a lot of laughter as well.

The weather was perfect for the event and over \$800,000 was raised at the auction.

Lunch and cold drinks were provided on the Sunday and we attended the Saturday evening reception in the theatre lobby.

Everyone had a great time and hopefully more "META" members will participate when we are asked to help again at the next auction in the fall.

Raemar Mitchell

PLEASE NOTE: At the next meeting we will be voting on the following extraordinary resolutions:

The present 20% surcharge for membership not renewed by March 31 each year shall be dropped.

New members shall be voted in by a show of hands rather than the paper ballot presently used. Both the proposed member and the member nominating them shall still be required to leave the room whilst the vote is being taken.

PRESIDENT'S REPORT

As mentioned at the meeting in April, I cannot emphasise enough the importance of getting the Executive's approval before using the META name in any way whatsoever. However well-meaning your intentions might be, it often leads to problems if the Executive is not aware of what is happening. It also gives you more credibility if you have the Executive's backing ahead of time. META has a good reputation throughout the racing community - let's keep it that way!

META MEETING
April 27, 1994

Meeting was called to order by Ann Peters at 7:45 pm. In attendance were 32 members and 6 guests-Ron Prychoda, Kevin Davidson and Roddy Custance(ARRCA), Kim Schifferns, Ken Chilton and last but not least...Darren Phillips

Treasurer: Doris

General \$3230.18, equipment \$7.66 and term deposit \$5104.79

Correspondence: Sandy

BCMA newsletter, Conference newsletter, letter from Jim Shook... Mikko has it!

Social: Joe

Beer, odds and sods, new Indy poster

Mayday: Kristine

?????

Membership: Mikko

74 members and 9 honorary=84 in total
Craig nominated Tim Vic for membership and Bonnie nominated Ron Prychoda for membership. Both accepted, no problems.

Historian: Joe

Albums are here

Training Committee: Roger

Quick response gathering went well. Talked about what to do if you're short handed on a corner. (18 people showed up)
Fire training in Seattle was okay—we burned a barrel and learned more about the firebottle.
Will remind new people about June 11 and have the track session first and then the classroom session.

Race Chairmen: Dave Forster and Bruce Yeo

Worker party May 14/15 at Mission. Please come and work!!!
Barriers are all there--scoring tower to be built
Short lunches were voted on and accepted.

Course Marshall: Mikko

Need workers for May 28 at Mission

Old Business

- new pins went well-sold some in Portland. \$5 each or 5 for \$20
- Sending Rena Shanamin 2 pins from META
- Need address to send money in memory of Neil Bonnet
- Ken Myers in Oregon has info re: Head Injury Foundation
- Keep those log books up-to-date!!!!
- Classic Car Auction went well...lots of hard work but a great time!!!!
- Marc passed on a big thank-you from Bob (Classic Car Auction) Very pleased with all the help from Meta. He donated \$650 Yahoo!!!!
- Raffle and Casino licenses still pending
- Vic has Mohawk credit card applications
- Mike is going ahead with the Indy 500 breakfast on May 29 at 7:30 am. Tickets are \$15 each

Vice-President: Thomas

If you can work Knoxx Mountain please let him know

New Business

- Rick motions to have an extraordinary resolution voted on at the next membership meeting with regards to dropping the surcharge for memberships not renewed by March 31. 18 in favor, 4 against, 3 abstentions...Motion carried
- Dave motions to have an extraordinary resolution voted on at the next membership meeting with regards to voting in new members by a show of hands rather than the paper thing. People still have to leave the room though. Motion carried.
- Mark had a discussion with SCCBC re: firebottles, to make sure they are in good working order
- META exec will follow up contacting exec of SCCBC to make sure this is done. Would like to meet and voice concerns with them and our Race Chairman.
- Long discussion over quality of equipment provided at track

President's Report: Ann

Talked about using the META name in vain-without the executive approval. Please let the executive know the whys and wherefores first.

Good and Welfare

Bonnie loved her vacation and told a few stories.
Rick and Jan say hi!!!
Fred thanks Jo and Don for stereo. Any donations graciously accepted.

Swap and Shop

?????????

Raffle: George-Indy poster
Fred-beer
Kim-pin

50/50 Kim

Motion to adjourn meeting at 9:40 pm by Nick, seconded by Vic.
Motion carried.

TTFN

A handwritten signature in cursive script, appearing to read 'S Meggyesi'.

Sandy Meggyesi
Secretary