



MAYDAY



The Official Newsletter of the Motorsport Emergency and Turnworkers Association

M.E.T.A. c/o: 10952 McAdam Road, Delta, BC, V4C 3E8

Newsletter E-Mail: maydayeditor@meta.bc.ca

META Website: <http://www.meta.bc.ca/>

March 2017
Volume 42 Issue #3

Next META meeting will be

March 22, 2017

Our meeting location is Boston Pizza
1045 Columbia, New Westminister, BC

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All opinions expressed in the Mayday are those of the individual authors and do not necessarily reflect the opinions of the Mayday staff, Club Executive, or the members of META.

META meetings are held on the fourth Wednesday of every month, except December. Publication deadline is the 30th of each month. Submissions may be e-mailed to the Editor.

Produced in Canada.

Speed Reading

Mar 8	SCCBC Meeting – Best Western,	North Road	Coquitlam, BC
Mar 11&12	ChumpCar World Series – PR	Chumpcar	Seattle, Wa
Mar 12	Grand Prix of St Petersburg	Indycar	St Petersburg, Fl
Mar 18	12 hours of Sebring	IMSA	Sebring, Fl
Mar 22	META Meeting – Boston Pizza	7:30	New West, BC
Mar 25&26	Driver Training – MRP	SCCBC	Mission, BC
Apr 1&2	CACC Race #1 – MRP	SCCBC	Mission, BC
Apr 8	Long Beach Grand Prix	IMSA	Long Beach, Ca
Apr 9	Long Beach Grand Prix	Indycar	Long Beach, Ca
Apr 12	SCCBC Meeting – Best Western,	North Road	Coquitlam, BC
Apr 14&15	Double Regional – PIR	SCCA/OR	Portland, Or
Apr 23	Grand Prix of Alabama – Barber Motorsports Park	Indycar	Birmingham, Al
Apr 23	IRDC Enduro – TRMP	IRDC	Shelton, Wa
Apr 26	META Meeting – Boston Pizza	7:30	New West, BC
Apr 29	Phoenix Grand Prix	Indycar	Avondale, Az
Apr 29&30	CACC Race #2 – MRP	SCCBC	Mission, BC
Apr 29&30	Spring Sprints – PR	SOVREN	Seattle, Wa



SPORTS CAR CLUB
OF BRITISH COLUMBIA

Spring Drivers Training
March 25 & 26

CACC Race #1 – April 1 & 2



Rivers Edge Roadcourse, Mission, BC

Past-Presidents Report

New season – new challenge

First of all thanks to everyone for the fun banquet, with over 50 people for the first time. Thank you Doris for your help, Dallis and Bryan for the door prizes again. Everyone walked away with one. Also thanks to the out of towners – Nick, Gail Fetterman from Portland and Linda Dorval from Clearwater.

As usual we start the season with Driver Training Saturday March 25th. We will open our clubhouse that day, removing the scaffolding etc. Meet at 10 am. On Sunday there is Driver Training from 8 am to approx. 4 pm.

For the first race weekend, April 1 and 2, there is a conflict between the race weekend and the Auto Show at the Convention Centre. More information to come. Also the CACC Spring AGM at the Delta Town and Country Inn on Sunday March 12th. Remember that if you want to vote, you must be a 2017 license holder.

It has been suggested that there be a criteria for qualifying for META honorary membership. I will draft up an idea so that we can discuss at the next meeting. Have some input – it is your club.

Also if you have any new ideas for the upcoming season, let's hear it.

Wanted, Wanted. A Course Marshall! Help, help! If you are interested let us know so that we can submit your name to the Sports Car Club.

Let's start the season with having fun and good racing.

Yours in the sport

Roger – The Past Prez



2017 Spring Annual General Meeting

March 12th – 10:00 a.m. (Coffee served 8:30 a.m. – 10:00 a.m.)

Location:

Delta Town & Country Inn 6005 Highway 17A (at Hwy 99), Delta, B.C.

Room: Ballroom Date: Sunday, March 12th Time: 10: a.m. – 3:00 p.m.

Proposed Agenda

- | | |
|---|---|
| 1. <i>President's Welcome</i> | 5. <i>Discipline Director Reports</i> |
| 2. <i>Reports from Affiliated Clubs</i> | 6. <i>Executive Reports</i> |
| 3. <i>Discipline Meetings</i> | 7. <i>Old Business / New Business</i> |
| 4. LUNCH | 8. <i>Elections – President & Secretary</i> |

LUNCH: A soup and sandwich buffet will be served at the cost of \$8.00

Please advise 1) if you plan to attend the General Meeting AND
2) if you will be attending the Lunch Buffet

R.S.V.P.

Gayle Baird at secretary@caccautosport.org BEFORE March 8, 2017

Just a reminder to you *delinquents*
who have not renewed your membership in META.
The deadline is March 31st.



March 31st

META Members who have not renewed.

Mike Bailey
Elinor Bower
Linda Dorval

Paul Edgecombe
Ken Murray
Kirsten Pipes

Mike Zosiak

This will be the last issue of your Mayday unless dues are paid by March 31st

Membership

C/O Thomas Liesner, 8849 143A Street, Surrey, BC V3V 7P7

Name: _____

Address: _____

City: _____ Province/State _____ Postal Code _____

Phone No _____ E-mail Address: _____

PLEASE MAKE CHEQUES PAYABLE TO META or **Renew on-line by PayPal or credit card at**
<http://meta.bc.ca/wordpress/forms>

Membership cost is \$25 / year – Membership year ends Dec. 31 – Note that the META newsletter is only sent via E-Mail

From SCCBC Forum: <http://www.sccbc.net/forum/YaBB.pl?num=1486082911>

Thought you might be interested in a new car that we are building. It has the motor from a Tesla Model S, the battery pack from a Kia Soul EV, a custom CAD designed chassis and suspension, and a classic Shelby Cobra body!

Youtube video link: <https://www.youtube.com/watch?v=Ci8kHAb6iVw>

The motor has 310kW peak power and 600 nM torque from 0-6000 RPM - gradually tapering off until the 16,000 RPM redline! However, it does remain to be seen how long the motor can be run without Power Limiting itself due to overheating. This will be one of the key areas of development & testing for 2017.

Battery pack is a 30kW-hr unit from a Kia Soul EV. Initially we will run Time Attack & Autocross sessions due to the shorter run length. Eventually, we will run some selected races at reduced power levels. Battery run time and length to recharge between sessions are all issues we will be battling with.

The car is being built to GT standards (Shelby Cobras are classified as GT1 cars) and will probably run as a GTO car. Total weight with driver should be in the 1800 pound range.

Doug Yip



Submitted By Doris Gildemeister

Here is the new Car for the Future
Put your request in soon, there might be a long waiting time.



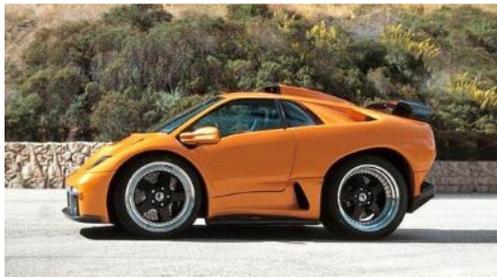
Look at all of the 'great new choices' we will have evolving from 'The SMART Car'....



Smorvette



Smaudi A3 AWD



Smamborghini



Smerrari



Smorsche

Earthquakes

B.C. is considered a high-risk earthquake zone, so be prepared to be on your own for a minimum of 72 hours by developing a household plan, putting together your emergency kit and connecting with your neighbours. By planning ahead and practicing drills, you and your family will know what to do.

During an earthquake... drop, cover and hold on

If you are inside, stay inside. DO NOT run outside or to other rooms during shaking.

- DROP down onto your hands and knees (before the earthquake knocks you down). This position protects you from falling, but allows you to still move if necessary.
- COVER your head and neck (and your entire body if possible) under a sturdy table or desk. If there is no shelter nearby, only then should you get down near an interior wall (or next to low-lying furniture that won't fall on you), and cover your head and neck with your arms and hands.
- HOLD ON to your shelter (or to your head and neck) until the shaking stops. Be prepared to move with your shelter if the shaking shifts it around.

What do I do if...

I'm in a wheelchair?

- Lock your wheels and remain seated until the shaking stops. Always protect your head and neck with your arms, a pillow, a book, or whatever is available.

I'm in bed?

- Hold on and stay there, protecting your head with a pillow or blanket. You are less likely to be injured staying where you are. Broken glass on the floor has caused injury to those who have rolled to the floor or tried to get to doorways.

I'm in a high-rise?

- Immediately drop, cover and hold on. Avoid windows and other hazards. Do not use elevators. Do not be surprised if sprinkler systems or fire alarms activate.

I'm in a stadium or theatre?

- Stay at your seat or drop to the floor between rows and protect your head and neck with your arms. Don't try to leave until the shaking is over. Then walk out slowly, watching for anything that could fall in the aftershocks.

I'm in a store?

- Immediately drop cover and hold on. If you must move to get away from heavy items on high shelves, drop to the ground first and crawl only the shortest distance necessary.

I'm outside?

- Move to a clear area if you can safely do so; avoid buildings, power lines, trees, signs, vehicles and other hazards.

I'm driving?

- Pull over to the side of the road, stop and set the handbrake. Avoid overpasses, bridges, power lines, signs and other hazards. Stay inside the vehicle until the shaking is over. If a power line falls on the car, stay inside until a trained person removes the wire.

I'm near the shore or on the beach?

- Drop, cover, and hold on until the shaking stops. If the shaking is severe and you are in a tsunami risk area, immediately evacuate to high ground. Don't wait for officials to issue a warning. Walk quickly, rather than drive, to avoid traffic, debris and other hazards.

Information provided by Earthquake Country Alliance.

After the Shaking Stops

When an earthquake is over, it's important to stay calm and move cautiously, checking for unstable objects and other hazards above and around you. If you are injured, treat yourself first and then assist others. Also, be aware of the potential for aftershocks - and continue to drop, cover and hold on if you feel them.

Do not call 9-1-1 unless a life is at stake.

<http://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/prepare-your-home>

Prepare Your Home

During a disaster, phone, gas, electrical and water services may be disrupted. Roads could be blocked, stores closed and gas stations out-of-service.

It may be weeks before infrastructure, utilities and essential services are restored. Are you prepared to cope?

Completing the steps in the PreparedBC: Household Preparedness Guide and filling in the blanks of the PreparedBC: Household Emergency Plan will help you answer "yes".

Eleven Steps to a Prepared Household

1. Identify the risks for your region
2. Complete the PreparedBC: Household Emergency Plan , and identify at least two out-of-area contacts
3. Pick a meeting spot in case you're separated from family members
4. Assign someone to collect your children from school or daycare if you can't
5. Identify what official sources you'll get information from
6. Learn how to turn off utilities
7. Store enough emergency water for your family for a minimum of three days
8. Store enough emergency food to support your family for a minimum of three days
9. Identify any special needs, such as medications, baby formula or pet food, and make sure a proper supply is on hand
10. Secure your space if you live in an area where earthquakes are a risk
11. Create grab-and-go bags for every member of your household

Build an Emergency Kit

Creating a home emergency kit doesn't need to take long. Just follow the basic list below and store your collected supplies in an easy to access location.

- First-Aid kit
- Battery-powered or hand-crank radio
- Flashlight and extra batteries
- Whistle to signal for help
- Cellphone with charger
- Cash in small bills
- A local map with your family meeting place identified
- Three-day supply of food and water
- Garbage bags
- Dust mask
- Seasonal clothing and footwear

The Importance of Water

How much is enough?

The general rule is four litres of water per person per day, but there are a few caveats:

- Children, nursing mothers and sick people may need more
- If you live in a warm region of B.C., hot temperatures can double water needs
- Pets need about 30 millilitres of water per kilogram of body weight per day. For example, an average-sized cat or small-sized dog needs at least 1/5 of a litre, or half a cup, daily

How and where do I store my water?

It's recommended you purchase commercially-bottled water and keep it in its original container in an easily accessible, cool and dark place. Don't open it until you need it.

Observe the expiration or "best before" dates. Set a reminder in your phone or remember to check the dates when the clocks "spring forward" and "fall back".

What hidden water sources are available in my home?

It's easy to locate safe water sources in your home. These include the water in your hot-water tank, pipes and ice cubes. It's recommended you don't use water from toilet tanks or bowls, radiators, waterbeds, swimming pools or spas.

Can I purify my own water?

We recommend purchasing commercially-bottled water; however, the Ministry of Health has information on the steps you can take to purify and bottle your own.

What about water filtration devices?

These devices are becoming more and more popular, perhaps because they don't take up as much room as several litres of bottled water. There are a lot of different options out there – different brands offer many different types, ranging from water bottle-sized to 18-litre containers or larger. If you choose to go this route, it's still not a bad idea to store some bottled water as well.

Grab-and-go

Don't count on being home when there's an emergency. In addition to having one at home, create grab-and-go bags for your work and vehicles that contain:

- Food (ready to eat) and water
- Flashlight and batteries
- AM/FM radio
- Medications
- Seasonal clothing
- Blanket
- Cell phone charger
- Pen and notepad
- Personal toiletries
- Small First-Aid kit
- Extra pair of glasses or contacts
- Cash in small bills
- Local map with your family meeting place identified
- Whistle

1. Identify the risks for your region.

2. Make an emergency phone list with at least one out-of-area contact.

3. Pick a meeting spot if you're separated from family members.

4. Assign someone to collect your children from school or daycare if you can't.

5. Identify what official sources you'll get information from.

6. Learn how to turn off utilities.

7. Store enough emergency water for your family.

8. Store enough emergency food to support your family for a minimum of three days.

9. Identify any special needs, such as medications, and make sure a proper supply is on hand.

10. Secure your space.

11. Create grab-and-go bags.

Bernie Hamm
Auto Technician 'The Doctor'

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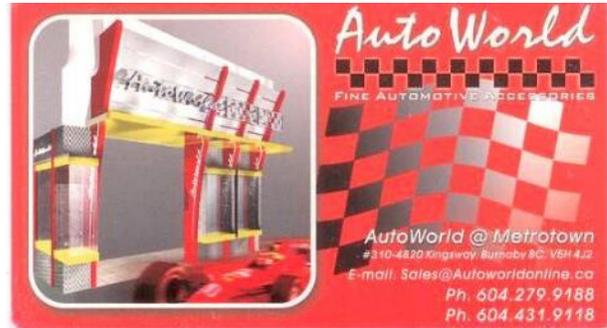
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