



# MAYDAY



The Official Newsletter of the Motorsport Emergency and Turnworkers Association

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META Website: <http://www.meta.bc.ca/>

**August 2020**  
**Volume 45 Issue #8**

**Next META meeting will be**

*August 26, 2020*

Our meeting location this month will be via Zoom

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All opinions expressed in the Mayday are those of the individual authors and do not necessarily reflect the opinions of the Mayday staff, Club Executive, or the members of META.

META meetings are held on the fourth Wednesday of every month, except December. Publication deadline is the 30th of each month. Submissions may be e-mailed to the Editor.

Produced in Canada.

## *Speed Reading*

Aug 7&8&9	Triple Regional – PIR	SCCA/OR	Portland, Or
Aug 8	Indy 200 at Mid-Ohio Race 1	Indycar	Lexington, Ohio
Aug 9	Indy 200 at Mid-Ohio Race 2	Indycar	Lexington, Ohio
Aug 15&16-TBC	SCCBC Drivers Training	SCCBC	Mission, BC
Aug 15&16	BC Historic Motor Races – MRP	VRCBC	Mission, BC
Aug 15&16	ICSCC Race #12&13 – PIR	CSCC	Portland, Or
Aug 16	Karting #6-Greg Moore Raceway	WCKC	Chilliwack, BC
Aug 22&23	CACC Race #2 – MRP	SCCBC	Mission, BC
Aug 23	Indianapolis 500	Indycar	Indianapolis, Ind
Aug 23	Virginia Grand Prix	IMSA	Alton, Va
Aug 26	META Meeting – Zoom	7:30	Your House
Aug 29&30	ICSCC Race #14&15 – TRMP	IRDC	Shelton, Wa
Aug 29	Gateway Grand Prix-Race 1	Indycar	Madison, Ill
Aug 30	Gateway Grand Prix-Race 2	Indycar	Madison, Ill
Sep 5-6	Columbia River Classic – PIR	SOVREN	Portland, Or
Sep 6	Karting #7 - Greg Moore Raceway	WCKC	Chilliwack, BC
Sep 6	Monterey Grand Prix-Laguna Seca	IMSA	Monterey, Ca
Sep 12&13	Lucky Dog Racing - TRMP	LDR	Shelton, Wa
Sep 13	Portland Grand Prix	Indycar	Portland, Or
Sep 19&20	Double Regional – PIR	SCCA/OR	Portland, Or
Sep 19-20	WeatherTech Grand Prix – Laguna Seca – Double Race	Indycar	Salinas, Ca
Sep 20	Karting #8 - Greg Moore Raceway	WCKC	Chilliwack, BC
Sep 23	META Meeting – Zoom	7:30	Your House
Sep 26&27	Fall Finale – PR	SOVREN	Seattle, Wa
Sep 26&27-TBC	ICSCC Race #16&17 – MRP	SCCBC	Mission, BC
Sep 27	Mid-Ohio Grand Prix	IMSA	Lexington, Oh

*Note that schedule changes are happening regularly.*

*Please check with the event organizer to confirm event status*



**Sports Car Club of British Columbia**

Presents

**CACC Race #2**

**August 22 & 23, 2020-To be confirmed**

## *Presidents Report*

It's August and we've finally had our first race of the season. It was great to see everyone who was able to come out to CACC #5. The SCCBC worked hard to put on an event that met the COVID-19 requirements and allowed for competition. The CACC #6 race will be going ahead as scheduled and SCCBC will also be hosting a driver training before then.

If you have any concerns or suggestions to improve processes from the last race weekend please do not hesitate to send them to the SCCBC executive, I know they would happily receive them. Pam was taking notes all weekend on things that the club could do to improve the processes. If you don't feel comfortable sending them to the SCCBC, send them to me. I will pass them along without your name.

Our virtual club meetings on Zoom are working well, it's great to be able to connect with everyone, even if it's not in person. If you haven't taken the opportunity to attend a meeting please consider joining in the next one on August 26. If you need a bit of a tutorial on how to use Zoom, please feel free to contact any member of the executive and we will help you out.

Stay safe and check in on each other.

*David Bell*

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## *Vice Presidents Report*

We have had the second race event of the year which I assume was successful, although I understand the vintage grid suffered from attrition.

I was unable to attend because I came down with bronchitis (again) and assumed that my coughing would make some nervous (also, every time I have a coughing fit I get dizzy).

I hear a rumour that SCCBC has another race planned for August 22 – 23 weekend, I'm sure we will get official word soon.

Not much has changed on the CACC front, although a proposal (PowerPoint presentation) was received from the GDS (new ASN) it was short on details, so a wait and see decision was made by the CACC president David Bell – we can't vote on it until the Fall CACC General Meeting anyway (unless a special meeting was called, and I'm not sure that would be feasible).

Hope you are all keeping well.

*Mike Bailey,*  
META VP



By INDYCAR | Published: Jul 27, 2020

The NTT INDYCAR SERIES released an updated 2020 race calendar today featuring several modifications. Three events already scheduled on the series calendar will now become doubleheader weekends, including INDYCAR's upcoming race weekend at Mid-Ohio Sports Car Course. Prior to the originally scheduled Honda Indy 200 at Mid-Ohio on Sunday, Aug. 9, the stars of the NTT INDYCAR SERIES will square off in another championship-points paying event Saturday, Aug. 8.

In addition, the race weekends at World Wide Technology Raceway in August and the Indianapolis Motor Speedway Road Course in October will become doubleheader weekends.

WWTR will feature races Saturday, Aug. 29 and Sunday, Aug. 30.

IMS will add a road course race Friday, Oct. 2 before the already scheduled event Saturday, Oct. 3.

"Our race fans have loved the exciting doubleheader action of the NTT INDYCAR SERIES this year at Road America and Iowa Speedway," Penske Entertainment Corp. President & CEO Mark Miles said. "We look forward to giving them even more world-class entertainment this season at three of the most exciting racetracks on the NTT INDYCAR SERIES calendar."

INDYCAR's race at Portland International Raceway and doubleheader weekend at WeatherTech Raceway Laguna Seca have been canceled due to the COVID-19 pandemic. The cancellation of both event weekends was a mutual decision between the series and promoters following close consultation and monitoring of the local situation. The series looks forward to returning to both venues in 2021.

The NTT INDYCAR SERIES remains on track to run 14 races in the 2020 season. The full, updated schedule can be found at [INDYCAR.com/Schedule](https://www.indycar.com/Schedule).

From: <https://racer.com/2020/08/01/covid-clampdown-prompts-mid-ohio-indycar-re-schedule/>

## *COVID clampdown prompts Mid-Ohio IndyCar postponement*

By Marshall Pruett |

August 1, 2020 12:49 PM

Next weekend's Honda Indy 200 doubleheader at Mid-Ohio will not take place as scheduled. A new date, in either September or October, is desired by Green Savoree Race Promotions. The change comes in reaction to state and local advisories that would prevent the possibility of having fans in attendance.

The popular stop in central Ohio was transformed from a single race to a twin-bill on Monday to help add more events to the calendar in the wake of IndyCar's West Coast swing (Portland and Monterey) being cancelled due to COVID-19.

With a similar rise in coronavirus cases in Ohio, Governor Mike DeWine and the state's health and infectious disease officials have clamped down on large gatherings, which would pose a problem for the event's promotor which has already lost two of its four dates in 2020 due to COVID-19.

GSRP's stops at Toronto and Portland have already been cancelled. With no chance to recoup financial losses at a fan-free Mid-Ohio, the call to push the race weekend to an undetermined date in September or October has been taken where fans can hopefully fill the facility.

The move leaves IndyCar with 12 total races on the calendar, and, with a stated goal of holding 14 rounds, the need to eventually run the doubleheader at Mid-Ohio, or to find two more events, adds to a challenging season where numerous scheduling updates have been required.





Submitted by Bryan Nuttall.

## [WorkSafe BC has issued a Toxic Plant Warning for Giant Hogweed](#)

Reprint from <https://bcinvasives.ca>

Giant hogweed (*Heracleum mantegazzianum*) is a perennial and currently distributed in the Lower Mainland, Fraser Valley, Gulf Islands, and central to southern Vancouver Island.

Giant hogweed has numerous small white flowers clusters in an umbrella-shaped head, with stout, hollow green stems covered in purple spots. Dark green leaves are coarsely toothed in 3 large segments with stiff underside hairs, and lower leaves can exceed 2.5 metres in length. Giant hogweed can grow up to 5 metres in height at maturity.



Giant hogweed is a highly competitive plant due to vigorous early-season growth, tolerance of full shade and seasonal flooding, as well as its ability to co-exist with other aggressive invasive plant species. Each plant can produce up to 100,000 winged seeds (typically 50,000) that remain viable in the soil for up to 15 years. Plants generally die after flowering.

Warning: Giant hogweed stem hairs and leaves contain a clear, highly toxic sap that, when in contact with the skin, can cause burns, blisters and scarring. WorkSafe BC has issued a [Toxic Plant Warning for Giant Hogweed](#) that requires workers to wear heavy, water-resistant gloves and water-resistant coveralls that completely covers skin while handling the plants. Eye protection is also recommended.

A few native and ornamental alternatives to plant instead of Giant hogweed include: Blue Elderberry; Ligularia; Rodgersia; Shieldleaf Rodgersia; and Wild Celery. Read more about these alternatives in the [Grow Me Instead](#) booklet for BC.

For more information:

- [National Fact Sheet on Giant Hogweed](#), by the [Canadian Council on Invasive Species \(CCIS\)](#)
- [EDRR Fact Sheet on Giant Hogweed](#), by Randy Westbrooks, U.S. Geological Survey





## BC Centre for Disease Control

### *How is COVID-19 spread?*

Coronavirus is spread from an infected person through:

Droplets spread when a person coughs or sneezes

It can be spread by touch if a person has used their hands to cover their mouth or nose when they cough or sneeze.

Touching an object or surface with the virus on it, then touching your mouth, nose or eyes before washing your hands.

### *What is the difference between droplet contact and airborne transmission?*

**Droplet Contact:** Some diseases can be transferred by infected droplets contacting surfaces of the eye, nose, or mouth. For example, large droplets that may be visible to the naked eye are generated when a person sneezes or coughs. These droplets typically spread only one to two metres and quickly fall to the ground. Influenza and SARS are two examples of diseases capable of being transmitted by droplet contact. Currently, health experts believe that coronavirus can also be transmitted in this way.

**Airborne transmission:** This occurs when much smaller evaporated droplets or dust particles containing the microorganism float in the air for long periods of time. Transmission occurs when others breathe the microorganism into their throat or lungs. Examples of diseases capable of airborne transmission include measles, chickenpox and tuberculosis. Currently, health experts believe that coronavirus cannot be transmitted through airborne transmission.

### *How do I protect myself and my family against COVID-19?*

In addition to physical distancing, the most important thing you can do to prevent infection is to wash your hands regularly and avoid touching your face. To help reduce your risk of infection:

Wash your hands often with soap and water for at least 20 seconds. Using soap and water is the single most effective and preferred way of reducing the spread of infection.

If a sink is not available, alcohol based hand rubs (ABHR) can be used to clean your hands as long as they are not visibly soiled. If they are visibly soiled, use a wipe and then ABHR to effectively clean them.

- Do not touch your face, eyes, nose or mouth with unwashed hands.
- Regularly clean and disinfect frequently touched surfaces.
- Do not share food, drinks, utensils, etc.

Facemasks can be used as an additional layer to preventing the spread of COVID-19 by containing a person's droplets. Please visit the Masks page for up-to-date information.

If you are sick

Stay home when you are sick and avoid close contact with others in your home if possible.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Wash your hands.

Use the BC COVID-19 Self-Assessment Tool or visit the testing page to help determine if you need further assessment or testing for COVID-19.

### *Do homemade masks work?*

A homemade mask or face covering can act as a barrier to help stop tiny droplets from your mouth and nose from entering the air and landing on other people or surfaces around you when you are talking, laughing, yelling, singing, coughing, or sneezing. Homemade masks can help to contain these droplets, but they work best if they have three layers and fit closely over your mouth, nose, cheeks and chin. Masks are less effective if the shape or the material has gaps in it because it will allow droplets to pass through.

To be effective, masks must be worn properly and used together with other preventive measures, such as frequent hand washing, physical distancing, and not touching your face. Touching your face when wearing a mask, or putting it on or taking it off incorrectly, could increase the chance of getting infected.

If you are sick you should stay home. Wearing a mask does not make it okay to go out, but it can help prevent the spread of germs at home if you cannot physically distance. More information about masks, including links to how to make homemade masks, can be found on our Masks page.

### *Should I make my own hand sanitizer?*

No, Health Canada cautions that people should only use products that are on their approved or interim list of hand sanitizers. Serious problems such as burns, poisoning, lung problems and allergic reactions can occur if people use non-approved products. Non-approved products may not be effective against COVID-19 and give people a false sense of security.

If you can't buy hand sanitizer, wash your hands! Washing your hands with soap and warm water for at least 20 seconds is the most effective way to reduce the risk of spreading all germs, not just COVID-19.

### *What are the symptoms of COVID-19?*

The symptoms of COVID-19 are similar to other respiratory illnesses including Influenza and the common cold. The most common symptoms include:

- Fever
- Chills
- Cough or worsening chronic cough
- Shortness of breath
- Sore throat
- Runny nose
- Loss of sense of smell or taste
- Headache
- Fatigue
- Diarrhea
- Loss of appetite
- Nausea and vomiting
- Muscle aches
- Less common symptoms include:
  - Stuffy nose
  - Conjunctivitis (pink eye)
  - Dizziness, confusion
  - Abdominal pain
  - Skin rashes or discoloration of fingers or toes

Symptoms can range from mild to severe. Sometimes people with COVID-19 have mild illness, but their symptoms may suddenly worsen in a few days. For more information, visit our Symptoms page.

**Bernie Hamm**  
Auto Technician 'The Doctor'

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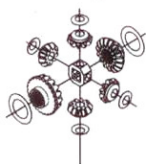


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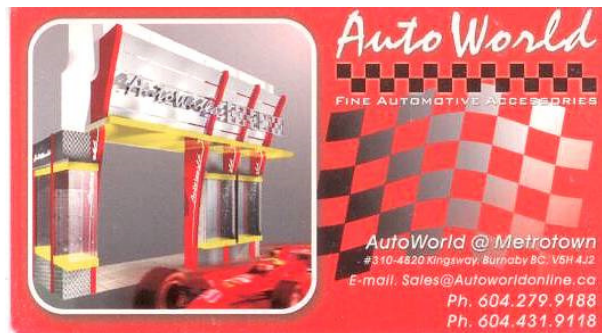
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