



# MAYDAY



The Official Newsletter of the Motorsport Emergency and Turnworkers Association

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All opinions expressed in the Mayday are those of the individual authors and do not necessarily reflect the opinions of the Mayday staff, Club Executive, or the members of META.

META meetings are held on the fourth Wednesday of every month, except December. Publication deadline is the 30th of each month. Submissions may be e-mailed to the Editor.

Produced in Canada.

**Next META meeting will be**

*June 24, 2020*

**Our meeting location this month will be via Zoom**

## *Speed Reading*

<del>Jun 13&amp;14</del>	<del>CACC Race #3 – MRP</del>	<del>SCCBC</del>	<del>Mission, BC</del>
Jun 20&21	ICSCC Race #8&9 – PIR	CSCC	Portland, Or
Jun 24	META Meeting – Zoom	7:30-TBC	Your house!!
<del>Jun 27</del>	<del>Richmond 300</del>	<del>Indycar</del>	<del>Richmond, Virginia</del>
Jun 27&28	Lucky Dog Racing-7+7hr – TRMP	LDR	Shelton, Wa
Jun 28	Karting #5 - Greg Moore Raceway	WCKC	Chilliwack, BC
Jul 3&4&5	Pacific NW Historics – PR	SOVREN	Seattle, Wa
Jul 4	Indianapolis Grand Prix – Roadcourse – Race 1	Indycar	Indianapolis, Ind
Jul 4&5	CACC Race #4 – MRP	SCCBC	Mission, BC
<del>Jul 5</del>	<del>Grand Prix of Mosport</del>	<del>IMSA</del>	<del>Bowmanville, Ont</del>
<del>Jul 10-12</del>	<del>Rose Cup – PIR</del>	<del>Friends of PIR Event</del>	<del>Portland, Or</del>
Jul 11&12	Road America	Indycar	Elkhart Lake, Wis
Jul 11&12	SCCA Majors Super Tour– PIR	SCCA/OR	Portland, Or
<del>Jul 12</del>	<del>Toronto Indy</del>	<del>Indycar</del>	<del>Toronto, Ont</del>
Jul 17-19	Karting - ICP Cup - Greg Moore Raceway	WCKC	Chilliwack, BC
Jul 17	Iowa Corn 250 – Race 1	Indycar	Newton, Iowa
Jul 18	Iowa Corn 250 – Race 2	Indycar	Newton, Iowa
Jul 18&19	ICSCC Race #10&11 – PR	IRDC	Seattle, Wa
Jul 22	META Meeting –	7:30	
Jul 23-25	Portland Vintage Racing Festival – PIR	SVRA	Portland, Or
Jul 25&26	Lucky Dog Racing-24hr – ORP	LDR	Grass Valley, Or
Jul 25&26	24Hrs of LeMons-8+6 – TRMP		Shelton, Wa
Jul 25&26	CACC Race #5 – MRP	SCCBC	Mission, BC

*Note that schedule changes are happening daily.  
Please check with the event organizer to confirm event status*

## *June META meeting will be on Zoom*

We will send out an email with the invite a week before to confirm and remind that the meeting will occur.

## *President's Report*

I hope everyone is doing well and staying healthy. I know I can't wait to see people in person again, and spend some time trackside.

I thought our May Zoom check in went well, and there was consensus from the group that we should try to do our June club meeting on Zoom. We will send out an email with the invite to the meeting a week before the meeting to remind everyone that the meeting will occur.

I'm happy to report some Time Attack events have started at Mission Raceway Park, and SCCBC is hosting 2 Lapping Day events for club members in June. There will be minimal staffing at the event and the intention is to give club members a chance to get their cars out on the track. I've been informed that the event is staffed, SCCBC is restricted to a maximum of 50 people at the event.

SCCBC is expected to make a decision on the July 4&5 CACC race this week.  
Watch your inbox for an announcement.

Feel free to contact me if you have any questions, suggestions, or concerns.

Keep safe and check in on each other.

*David*

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## *An article about all the happenings and non-happenings*

With not much happening on the racing scene, it is hard to write an article at all. True there is some racing in the US, but those of us on this side of the border can't attend those unfortunately, and even the few televised ones have no spectators. Today there was an Indycar race from Texas Motorspeedway and I have to admit that I had a hard time recognizing the drivers who were interviewed as they all wore masks! We have some upcoming F1 races but again with no spectators. A few months ago, who would have imagined a season like this? I know I would not have, not in my wildest dreams. But there is a light at the end of the tunnel and hopefully there should be some good racing before the year is out.

Apart from missing the races, I am sure we are all missing our racing family. It is hard not to see all of the familiar faces and keep up with everyone's news. Social media can fill part of the void, but not all. On the positive side, the META meeting held by Zoom last week was good – it was an opportunity to catch up with some of the members and it had one big advantage – it allowed some of our members who cannot attend a regular meeting to join in and have their say. It was great to see, amongst others, Matthew Bower from the UK and Sandy Meggyesi from beautiful downtown Squamish on the call. It was more of a social get together, but I think it was well worthwhile.

They say that every cloud has a silver lining and I know that for myself, it has been good to relax a bit instead of always being on the go. I have read more books than I have in many years (thank goodness for being able to download books from the local library!). I expect that you may have been keeping busy around the house and garden, or at least catching up on all of those things you have meant to do for a long time, but never quite found the time for. But funny how easy it is to put off things when you know that you always have tomorrow to do it. Most likely by the time the racing season gets underway, many of those things will still be waiting to be done!

Hope to see all of you at the racetrack soon. In the meantime, stay safe and healthy.

*Ann*

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UPDATED MAY 21, 2020



## 2020 SCHEDULE

Schedule Subject to Change / Broadcast Info TBA

JUNE	6	 Texas Motor Speedway
	4	 Indianapolis Motor Speedway Road Course Race 1
JULY	11	 Road America Race 1
	12	 Road America Race 2
	17	 Iowa Speedway Race 1
	18	 Iowa Speedway Race 2
	9	 Mid-Ohio Sports Car Course
AUG.	15-16	 Indianapolis 500 Qualifying
	23	 Indianapolis 500 Mile Race
	30	 World Wide Technology Raceway at Gateway
	13	 Portland International Raceway
SEPT.	19	 WeatherTech Raceway Laguna Seca Race 1
	20	 WeatherTech Raceway Laguna Seca Race 2
	3	 Indianapolis Motor Speedway Road Course Race 2
OCT.	25	 Streets of St. Petersburg

 Oval  Street/Road Course



From: <https://www.imsa.com/news/2020/05/15/imsa-announces-updated-return-to-racing-plan/>

## IMSA Announces Updated Return to Racing Plan

May 15, 2020

In a series of video conferences with stakeholders earlier today, IMSA revealed its plans to return to racing this summer with a revised 2020 calendar for the IMSA WeatherTech SportsCar Championship and the IMSA Michelin Pilot Challenge.

The WeatherTech Championship will return July 4 at Daytona International Speedway. This Fourth of July event will feature an evening race with WeatherTech as its entitlement partner and a live television broadcast on NBCSN.

The Michelin Pilot Challenge will resume alongside the WeatherTech Championship at Sebring International Raceway on July 17-18. The WeatherTech Championship event also will be televised live on NBCSN. Both event weekends will be conducted without fans in attendance.

"IMSA is grateful to all of our promoter partners for collaborating with us to develop a revised schedule of outstanding events," said IMSA President John Doonan. "Our No. 1 priority since March has been to get back to racing as safely and as quickly as possible, and this revised schedule is evidence of that. We appreciate the patience, cooperation, and input of our IMSA stakeholders, and we all are very much looking forward to going racing again this summer and putting on amazing races for our audience."

Further NBC Sports television broadcast information and any additional details will be announced soon.

For the updated 2020 WeatherTech Championship schedule, please click [here](#).

For the updated 2020 Michelin Pilot Challenge schedule, please click [here](#).

### **2020 IMSA WeatherTech SportsCar Championship Revised Schedule**

<b>Date</b>	<b>Venue</b>	<b>Length</b>	<b>Classes</b>
Jan. 25-26	Daytona International Speedway	24 hours	<a href="#">DPi</a> , LMP2*, GTLM, GTD
July 3-4	Daytona International Speedway	2 hr., 40 min.	<a href="#">DPi</a> , GTLM, GTD
July 17-18	Sebring International Raceway	2 hr., 40 min.	<a href="#">DPi</a> , LMP2, GTLM, GTD**
July 31-Aug. 2	Road America	2 hr., 40 min.	<a href="#">DPi</a> , LMP2, GTLM, GTD
Aug. 21-23	VIRginia International Raceway	2 hr., 40 min.	GTLM, GTD
Sept. 4-6	WeatherTech Raceway Laguna Seca	2 hr., 40 min.	<a href="#">DPi</a> , LMP2, GTLM, GTD
Sept. 25-27	Mid-Ohio Sports Car Course	2 hr., 40 min.	<a href="#">DPi</a> , GTLM, GTD
Oct. 2-4	Watkins Glen International	6 hours	<a href="#">DPi</a> , LMP2, GTLM, GTD
Oct. 14-17	Michelin Raceway Road Atlanta	10 hours	<a href="#">DPi</a> , LMP2, GTLM, GTD
Oct. 30-31	Lime Rock Park	2 hr., 40 min.	GTLM, GTD
Nov. 11-14	Sebring International Raceway	12 hours	<a href="#">DPi</a> , LMP2, GTLM, GTD

### **BLUE – IMSA Michelin Endurance Cup events**

\* - points awarded toward Michelin Endurance Cup only

\*\* - points awarded toward WeatherTech Sprint Cup only



BC Centre for Disease Control

## **Hand washing**

One of the best things you can do to prevent infection and protect loved ones is to wash your hands regularly and avoid touching your face.

## **Physical distancing**

Physical distancing means limiting close contact with others.

When outside of your home, practicing social distancing by keeping two meters (six feet) away from one another is something we can all do to help stop the spread of COVID-19.



## **Masks**

Facemasks can be worn to help protect those around you and should be worn by people who are sick.

### **Wear a mask if you are sick**

Masks should be used by sick people to prevent transmission to other people. Masks are an appropriate part of infection prevention and control if you have symptoms of COVID-19 or are caring for a person with symptoms. The mask acts as a barrier and helps stop the tiny droplets from spreading when you cough or sneeze. Wearing a mask does not make it okay to go out but it can help prevent the spread of germs at home especially if you cannot separate yourself from others in the home.

Using a mask is not enough and should be combined with other preventative measures such as frequent [hand washing](#) and [physical distancing](#). Learn more about the [precautions you should take if you are sick](#).

### **Wearing masks if you are healthy**

Wearing a non-medical or cloth mask or face covering is a matter of personal choice but can help to protect others. Some people can spread the virus when they have very mild symptoms or may be unaware they are infected. In this case, wearing a mask can help protect others by containing your own droplets from coughing, sneezing, speaking or laughing. Wearing a cloth mask will not protect you from COVID-19 but it is a good option in situations where you cannot keep a safe distance from others for an extended period of time such as when you are on transit, getting a haircut or visiting someone indoors.

Any mask, no matter how efficient at filtration or how good the seal, will have minimal effect if it is not used together with other preventive measures, such as frequent hand washing and physical distancing.

It is important to treat people wearing masks with respect.

Do not put a face mask or any covering including visors and eye protection on infants under two years of age. A facemask or covering will make it difficult for a baby to breathe because their airways are still small. There is also a risk that parts of the facemask, visor or eye protection can come off and become a choking hazard. See information about [keeping your baby safe during COVID-19](#) from Perinatal Services BC.

Medical masks and N95 respirators should be reserved for healthcare workers. If a person is symptomatic or caring for someone who is symptomatic, it is better to use commercial masks if available.

Healthy people can use homemade or cloth masks to protect others. If you are making a mask, here is some information to improve the effectiveness of homemade masks:

- Some materials are better than others. Use clean and stretchy 100% cotton, tea towels, sheets, t-shirts or pillowcases.
- Ensure the mask fits tightly around the nose and mouth; material that allows droplets to pass through gaps will not work.
- The mask should be comfortable, or you won't want to wear it consistently.
- If the mask makes it a lot harder to breathe, then the seal will not be as good, and the mask will be less effective.

### *Cleaning and disposing of used masks*

Commercial masks should not be cleaned and reused because putting surgical masks in the washing machine may damage the protective layers in the masks, reducing their effectiveness. If you are sick or caring for someone who is sick, masks need to be changed frequently.

To dispose of masks after use:

- Wash your hands with soap and water before taking off your mask.
- Dispose of used masks in a wastebasket lined with the plastic bag.
- After taking off your mask, wash your hands again with soap and water before touching your face or doing anything else.
- When emptying wastebaskets, take care to not touch used masks or tissues with your hands. All waste can go into regular garbage bins.
- Clean your hands with soap and water after emptying the wastebasket.

Homemade or cloth masks should be cleaned and changed often:

- To clean a homemade cloth mask, wash it using the directions on the original material (for example, if the mask was made from t-shirt material, follow the washing instructions on the t-shirt tag) but in general, warmer water is better. Dry the mask completely (in the dryer using a warm/hot setting if possible).
- Do not shake dirty masks to minimize spreading germs and particles through the air. If dirty cloth masks have been in contact with someone who is sick they can still be washed with other people's laundry.
- Any damage, fabric break down, or change in fit will reduce the already limited protection of cloth masks.

## Face masks: How are they different?

Physical distancing, hand washing and staying at home if you are sick are the most effective ways to prevent the spread of COVID-19; masks do not replace these actions. Masks, face coverings and gloves are the least protective measures for reducing transmission of COVID-19. Masks, when worn properly and for short periods, may offer some protection especially when you are not able to keep a 2 metre distance from others. For work settings, refer to specific workplace guidance on masks.



### Cloth masks (homemade or bought)

- May be used by the general public to reduce the spread of large respiratory droplets. However, these masks offer minimal protection to the wearer.
- Can be made from various types of machine-washable and dryable cloth.
- If homemade, use clean woven cotton or linen e.g., a tea towel, bedsheet, pillowcase, t-shirt.
- Must be designed and worn to fully cover nose and mouth.
- Should fit snugly, let you breathe easily, and attached securely with ties or ear loops.
- Re-usable and need to be washed regularly.



### Other cloth face coverings

- E.g., bandana, niqab, scarf, neck gaiter.
- May be used to reduce the spread of large respiratory droplets. However, face coverings offer limited protection to the wearer.
- If the material is thin, fold it into several layers.
- Be sure that it covers mouth, nose and sides of the face.



### Industrial N95 respirators

- Used to protect workers from inhaling dust, fumes, and hazardous aerosols.
- Available in hardware stores.
- These masks are not recommended to prevent COVID-19 because if they have a valve and you cough/sneeze, you may spread a stream of germs through the valve.

### Personal protective equipment (PPE)

These medical masks/respirators should be reserved for health providers or those caring for sick people.



### Medical/surgical masks

- Used by healthcare workers or those caring for sick people. Not for general use, in order to reserve critical supply for healthcare.
- Protect against large droplets.
- Flat/pleated or cup shaped with a looser fit.
- Water resistant; and may come with visor.
- Meant for one-time use.



### Medical N95 respirators

- Used by healthcare workers in healthcare settings. Not for use by the general public.
- Protect against inhaling and exhaling very small airborne particles and aerosols.
- Fits closely over the nose and mouth to form a tight seal.
- Must be custom fit and worn properly.



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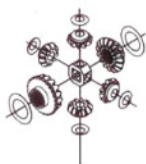


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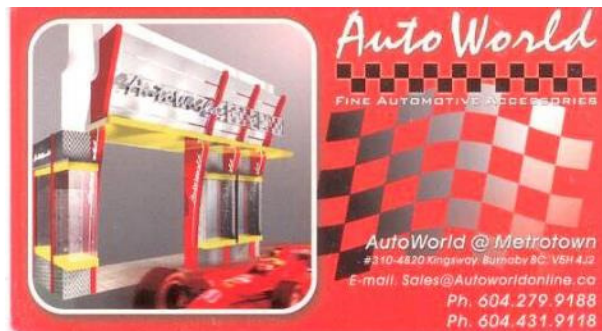
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**<http://meta.bc.ca/wordpress/forms>**

Membership cost is \$25 / year – Membership year ends Dec. 31 – Note that the META newsletter is only sent via E-Mail

***No minutes this month due to the May META meeting being cancelled***