

The Official Newsletter of the Motorsport Emergency and Turnworkers Association M.E.T.A. c/o: Suite #469, 104-1015 Columbia St, New Westminster, BC, V3M 6V3

Newsletter E-Mail: maydayeditor@hotmail.com META Website: www.meta.bc.ca

### August 2005 Volume 30 Issue 8

#### **CLUB EXECUTIVE**

#### PRESIDENT:

Ann Peters 604-581-7189 ann\_peters@telus.net

#### VICE PRESIDENT:

Nick Roche 604-599-9260 nickr@infinet.net

#### SECRETARY:

Mike Zosiak 604-591-7213 zosiak7213@shaw.ca

#### TREASURER:

Max Thompson 604-582-0043 courtneymax@shaw.ca

#### PAST PRESIDENT:

Lynn Yeo 604-951-4068 lynnyeo@telus.net

#### **NEWSLETTER STAFF**

#### EDITOR:

Andrew Clouston 604-942-4974 maydayeditor@hotmail.com fax:604-882-9783 (attention Andrew)

#### **MEMBERSHIP**

Thomas Liesner 604-501-1503 tliesner@shaw.ca

All opinions expressed in the Mayday are those of the individual authors and do not necessarily reflect the opinions of the Mayday staff, Club Executive, or the members of META.

META meetings are held on the fourth Wednesday of every second month. Publication deadline is the 30th of each month. Submissions may be faxed or e-mailed to the Editor.

Printed in Canada.

# META Meetings are held every 2 months Next meeting will be Sept ember 28, 2005

## Speed reading

Aug 10	SCCBC Meeting – Best Western,	North Road	Coquitlam, BC
Aug 13&14	Grand Prix of Denver	OWRS	Denver, Colo
Aug 13&14	Single Regional	SCCA/OR	Portland, Or
Aug 20&21	CACC Race # 3 - MRP	SCCBC	Mission, BC
Aug 20&21	Brett Chevrolet Stock Car Challenge	SCCA/NWR	Seattle, Wa
	Restricted Regional/PSRRA (karts) /		
	Spec Miata / Legends		
Aug 27	Tsunami TSD Rally	IRC	Vanc. Island, BC
Aug 27&28	ICSCC Race # 9 – PIR	CSCC	Portland, Or
Aug 27&28	Coastal Club Race #7&8 - CARTBC	CKR	Chilliwack BC
Aug 27&28	Molson Indy Montreal	OWRS	Montreal, PQ
Sep 3&4	ICSCC Race # 10 – MRP	SCCBC	Mission, BC
Sep 3&4	BC Regional #2 – Quesnel	BCKCA	Quesnel, BC
Sep 3&4&5	Columbia River Classic – PIR	SOVREN	Portland, Or
Sep 10&11	Single Regional	SCCA/OR	Portland, Or
Sep 10&11	Westwood Club Race #6 - CARTBC	WKA	Chilliwack BC
Sep 14	SCCBC Meeting – Best Western,	North Road	Coquitlam, BC
Sep 17&18	Coastal Club Race #9 – CARTBC	CKR	Chilliwack BC
Sep 23&24	Las Vegas Double Down in the	OWRS	Las Vegas, Nv
	Desert		
Sep 24&25	ICSCC Race # 11 – PIR	CSCC	Portland, Or
Sep 24&25	Fall Finale – PR	SOVREN	Seattle, Wa
Sep 24&25	Westwood Club Race #7 - CARTBC	WKA	Chilliwack BC
Sep 28	META Meeting – Century House	7:30	New West, BC
Oct 1&2	ICSCC Race # 12 – PR	IRDC	Seattle, Wa

## Lee Race Barbeque

Annual Summer BBQ - Saturday, August 27th, 3pm until Murray kicks us out. BYOB, BYOLC, BYOBS&T, BYOFTB .... got it????? (booze, lawn chair, bathing suit & towel and food to bbq). Also, please call Murray and let him know if you will be bringing any appetizers, salads, buns or deserts, if you can, please bring enough for lots of people.

Murray Horsburgh - 271-6598, 5251 Steveston Hwy, Richmond. email joadair@hotmail.com or sherann@shaw.ca

See you all there!!!!!

Sheree

## Presidents Report

As I was on my way to Portland for the American Le Mans Series event, I was not able to be present at the last META meeting. It seems from what I have heard that a lot of others were not there either and I know this is very disappointing for those who did attend. A big "thank you" to Bernice for her hospitality, to Max for the food he brought (you all missed out on that) and to Doris for the wonderful door prizes. I know that some of you were working, some, like Roger and I, on the road, but what happened to the rest of our membership? Once again we did not have a quorum, so were unable to vote on the suggestion that we move our meeting location to Boston Pizza in New Westminster, in an attempt to increase attendance. Therefore, our next meeting on September 28<sup>th</sup>, will be held at Century House in Moody Park. Your Executive has tried to increase attendance by listening to the various suggestions that have been made, such as holding meetings every two months, perhaps changing the location and yet nothing seems to work.

I wonder where that META spirit has gone – could it be that it died about the same time as Rick Neyedli passed away? At one time we all looked forward to getting together, both at the track and at the meetings, often with heated discussions and differing opinions, but also with a lot of respect for each other, and a lot of hugging! So where did all this go and what will bring people back? Are we all getting too old and jaded? If you know the answers, I would love to hear from you.

Ann

## **CACC** at Mission

August 20th - 21st, 2005
The "Mid Summer Melt Down" Weekend
Featuring the WestCoast SportsCar Championship
at River's Edge Road Course
Please contact Irene Chambers if you can work this event
chambersw@shaw.ca

There are no minutes this month due to the July META meeting being cancelled.

There were not enough members present for a quorum.

From META policies and procedures:

"A Quorum, at any regular or special meeting of the Association, shall consist of twenty per cent (20%) of the total paid up membership, or a minimum of 3 members."

## **Stress Management**

A lecturer, when explaining stress management to an audience, raised a glass of water and asked, "how heavy is this glass of water?" Answers called out ranged from 20g to 500g. The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it."

"If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued, "And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden."

"So, put the burden of work down. Don't carry it home. You can pick it up tomorrow. Whatever burdens you're carrying now, let them down for a moment if you can."

"Relax; pick them up later after you've rested. Life is short. Enjoy it!

## Stock Cars at Pacific Raceway, Seattle

I got a call from Bubba the other day and he told me there is rumor that the "Bubba Car's wuz comin' back to town". I checked the schedule and sure enough there is an event scheduled at Pacific Raceways on August 20 & 21. It appears there is also practice on the Friday before. This is actually going to be a Pacific Raceways event and SCCA is providing the staffing. In attendance will be an SCCA Restricted Regional group (ITE?, Alphabet Soup?), Spec Miata's, and Legends, they have also added the PSRRA Shifter Karts. Now, how's that for a couple of days of great racing. We are really anxious about having a good turnout for workers. I understand that there will be a race up in Canada the same weekend. So once again we will be extraordinarily short handed for this event. There has not really been enough people on the corners for many years. Minimum staffing is still 35 persons. At this year's Double Nationals we could only muster 25, 29, & 26 for the three days. We got by, but, we really need everyone to come out. If you are planning to attend please let me know. You can e-mail me at mdel2@earthlink.net or phone me on 253-630-3480 and leave a message on my home phone or call me on my cell on 206-819-6163. Please let me know your plans and corner choices and I will try and comply.

Bubba sez, "Y'all come on down fer a gud time. Cuz I iz lookin f'ord to seein' ya'll agin and watchin them thar stock cars and them little furrin cars go all which ways instead round and round" "Yee-Ha they iz lots of fun". "I'm reddy to go Racin," "How's about you?"

Pass the word and a big "10Q" for your time and support. Call me.

Michael David Evans Flag Chief Northwest Region SCCA

BRET CHEVROLET '100' STOCK CAR CHALLENGE
Northwest Region SCCA Double Restricted Regional With Spec Miata Series Championship

August 20-21, 2005 - PACIFIC RACEWAYS

Friday August 19, 2005 - Registration and Tech 5: 00 - 7: 00 PM

#### Saturday August 20, 2005

7: 00 AM – 2: 00 PM Registration & Tech				
9: 00 -	9: 15	15 min.	Practice	PSRRA
9: 25 -	9: 40	15 min.	Practice	SCCA
9: 50 -	10: 10	20 min.	Practice	Spec Miata
10: 20-	10: 40	20 min.	Practice	Legends
10: 50-	11: 40	50 min.	Practice	Stock Cars
11: 50-	12:05	15 min.	Practice	PSRRA
12: 15-	12: 30	15 min.	Qualifying	SCCA
12: 40-	1:00	20 min.	Practice	Legends
1: 00 -	1: 55	55 min.	LUNCH	
1: 55-	2: 15	20 min.	Qualifying	Spec Miata
2: 20 -	3: 10	50 min.	Practice	Stock Cars
3: 20-	3: 45	25 min	Race	SCCA
3: 55-	4: 20	25 min	Race	Spec Miata
4: 30-	4: 50	20 min.	Race	PSRRA
5: 00 -	5: 25	25 min	Race	Legends
5: 35 -	End		Qualifying	Stock Cars

Five at a time, European style staggered starts, three laps, best time determines starting position

#### Sunday, August 21, 2005

7: 00 AN	M - 12:00	PM Regi	istration & Te	ch
9: 00 -	9: 15	15 min.	Practice	PSRRA
9: 25 -	9: 40	15 min.	Qualifying	SCCA
9: 50 -	10: 05	15 min.	Qualifying	Spec Miata
10: 15-	10: 30	15 min.	Qualifying	Legends
10: 40-	11: 30	50 min.	Practice	Stock Cars
11: 30-	12: 30	60 min.	LUNCH	
12: 30-	12: 50	20 min.	Race	PSRRA
1:00 -	1: 25	25 min.	Race	SCCA
1: 35-	2: 00	25 min.	Race	Spec Miata
2: 10 -	2: 35	25 min.	Race	Legends
2: 45 -	Done		Race	Stock Cars

100 mile race, 45 laps, After 20- 25 laps mandatory yellow everybody into hot pits for 8 – 12 min.

#### **GROUPS:**

SCCA: GT1-3, E-FP, CP1, AS, T1, T2, SPO, SPM, GTA, RX-7, PRO-7, ITE, ITA-D, ITS, SSA-C, G-HP, GTL, SPU, RS, GTB, CR, CP2-3, PCA 1-4

SM: SCCA Spec Miata Class - Series Championships

**PSRRA**: Puget Sound Road Racing Association - Shifter Karts

**Legends:** NW Legend Class Cars Stock Car: Late Model Stock Cars From the ICSCC Forum www.icscc.com/discus Friday, July 29, 2005 - 08:22 am

### Greetings Everyone!

I am extremely pleased to be posting this message today. As many of you have mentioned and others have probably wondered, the Northwest Enduro Racing Series has been flying strong and fast UNDER the radar for some time in order to reappear firmly in place once all of the necessary administrative pieces have been completed. I am happy to announce that we have tentatively secured our race date for next season in March. It will be the Sunday directly following the IRDC Driver's Training School. The IRDC BOD has approved our event and given their support of this great event and now we can move forward with accepting deposits for the race. Your entry fee deposit of \$250.00 will be used to set the grid positions at Pacific Raceways. We have already received several to this point and the grid is beginning to fill quickly.

We have decided to allow Conference drivers/teams the opportunity to get in their funds now before we begin making the race available to the other organizations along the west coast such as SCCA, NASA and others. With the additional class of Spec Miata, we are confident we will fill the grid completely and quickly with several of others going to a waiting/back up list. So, it is important that you act NOW to assure a spot for your 2 to 3 driver team.

This will be a 4-hour enduro race. The entry forms can be found along with initial info at: www.nwers.com (more information will be placed there in coming weeks). Download the pdf entry and send it in to the address on the form. Postmarks set the grid priority. Also, we will have entry forms and info sheets included in the driver's packets for the upcoming Conference race at Pacific Raceways, Aug. 6th and 7th. We will be making announcements at the driver's meeting (per Steward approval...Ken?) to answer questions as well as being available during the weekend when I am not driving to answer questions.

Bruce Boyd has been an instrumental partner in assisting me with this project along with many other drivers and I want to acknowledge his efforts and those who have contributed their time on this.

Before closing, I need to point out that given the feedback we have received, it is expected that this will sell out rather quickly and it is imperative that you arrange your teams very soon and get your deposits in as soon as possible. We are going to be starting close to 60 cars for the race, but more than are anticipated to be sending in entries.

Good luck to all and I look forward to talking to many of you in the near future about this exciting addition to our schedule next year.

Hal Hilton

## **Worker Profile: Mark Miller**

#### Family:

I live on my own, but all my immediate family is local (parents, one brother, two sisters, six nephews & nieces).

#### Birthplace:

Estevan, Saskatchewan

#### Occupation:

Currently occupied by golf, racing, traveling, and "executive" lunches. Enjoying these as long as I can. Will likely go back into pharmaceuticals, in some capacity.

#### Hobbies/Activities outside of racing:

Golf, skiing, fishing

#### Customary/favourite job at track:

Flags, chasing disabled race cars whenever D. Bell tells me its MY turn to go (which it always seems its MY turn).

#### How and why did you get involved in race working and/or META.

Spectated at the 1993 Vancouver Indy, and noticed these official-looking folks dressed in white, with very cool jobs. Then saw a small META ad in the newspaper the following spring, and made the connection between META and those in white, and there you have it. Also thought it would be an opportunity to do some hot laps in my car (at that time an RX7).

## When did you get involved?

1994.

#### What do you like most about it?

The friends I have made (here and away), and knowing that I am making a difference in keeping the sport as safe as possible and keeping it fair.

#### What do you like least about it?

Race politics. Unloading my truck after the end of a long, tiring day at the track.

If you could attend any race, in any capacity, where and what would you choose?

Blue flag (and blue light at night) at Indianapolis corner at Le Mans.

#### What is your Favorite:

Track? Laguna Seca Turn? Portland 11

First year event? 1994 Vancouver Indy, Turn 5

Event? 24 Heures du Mans Race group? Spec Miata

What race stands out the most in your memory, and why?

1996 Indianapolis 500. First time to see such speeds.

(Mark Profile Cont'd)

What things would you be sure to tell a new worker if s/he asked for your advice?

Always have an escape plan so that you know what you are going to do, who you are going to take with you, and where you will go.

What is your favourite:

Food? *Rib-eye steak*.

Relaxation activity? Walking to Steveston village every day for lunch.

Movie? Alien

Car? Toyota Solara

Dream car? BMW M5.

Are you a frustrated racer? What car would you race?

No. Not frustrated. But if I did race in closed wheel it would be a Spec Miata (and if I had lots of money an Australian V8 Super Car) and in open wheel a Formula Atlantic.

What was the:

Most embarrassing thing you ever did at the track?

Gee, nothing comes to mind, but I am sure others would have no problem remembering a few. I seem to have issues with red beverages.

#### Funniest thing you've seen or done at the track?

Trans-Am race in Houston: A fellow flagger had his blue flag stolen (grabbed) out of his hands by the rear wing of one of the cars. This car circulated for a couple laps with the flag still flapping away on the wing, then had side-to-side contact with another car, transferring the blue flag to the rear wing of the other car. This car immediately pitted, the crew removed the flag, and made a special presentation of it (now looking rather tattered and shredded) at the après-race party to the fellow who had lost it. One of those times when I had beer coming out my nostrils.

#### Most dangerous event you've seen or been involved in?

1996 Toronto: Jeff Krosnoff / Gary Avrin incident at Turn 3. Almost made me permanently retire from racing. Put a new perspective on how fragile and precious life is.

Most awe-inspiring?

Night racing at Le Mans.

#### Biggest thrill so far?

Course observing at California Speedway Turn 1, with Champ Cars pointed straight at you, doing approx. 240 mph, and then passing by about 3 ft away. WHOA!! No morning coffee needed on days like that!!

What thing would you most like to have an opportunity to do?

In Life: Be a commercial helicopter pilot.

At the Track: *Pace car driver* 

#### Accomplishment:

Building the perfect concrete birthday cake for Roger's 65<sup>th</sup>, with lots of help from accomplices Nick and Ian.

#### Final Comments:

"Carry on Centurions" (for those that may not know where this comes from, I'll briefly mention that it relates to an ice-racing oops...see above re: red beverages).

## **CLUB MERCHANDISE**

Pens on Neck string \$2.00

**META Crests:** 

Black Border/Vancouver or

Black Border/Vancouver/25th Anniversary or

Red Border/Westwood \$3.00 each

META Decals Static for inside or

Stick-On for outside \$1.00 each

META Pins \$3.00 each

## **Club Shirts**

White, short sleeve, 'Golf Shirts' with META logo embroidered on front. \$26.00 each

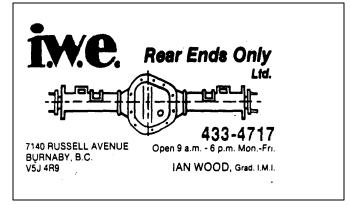
META Shirts with design by Krystyna Mitchell 100% Cotton--Long sleeve--All sizes

\$10.00 each

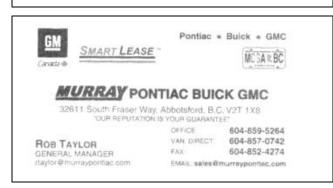
For all club merchandise contact: Charmaine Meakings 604-460-9399

## Your Ad Could Be Here Advertise in the Mayday

	Per year	Per Issue	
Full Page	\$200.00	\$50.00	
¹∕₽age	\$140.00	\$35.00	
1/4Page	\$80.00	\$20.00	
Bus. Card	\$40.00	\$10.00	
Contact the editor for more info			







## **Membership**

C/O Thomas Liesner, 13425 87B Ave, Surrey, BC V3W 6G7

Name:				
Address:				
City:	Province/State	Postal Code		
Phone No Home:	Work:			
E-mail Address:		Newsletter via E-Mail	Yes	No

Cost is \$20--Membership year ends Dec. 31--MAYDAY mailing list will be purged of non-members Mar. 31 Please indicate if you would like the META newsletter sent to you by E-Mail or send the editor an email at maydayeditor@hotmail.com