



# MAYDAY



The Official Newsletter of the Motorsport Emergency and Turnworkers Association

M.E.T.A. c/o: 10952 McAdam Road, Delta, BC, V4C 3E8

Newsletter E-Mail: [maydayeditor@meta.bc.ca](mailto:maydayeditor@meta.bc.ca)

META Website: <http://www.meta.bc.ca/>

**Oct 2017**  
**Volume 42 Issue # 10**

Next META meeting will be

*October 25, 2017*

Our meeting location is Boston Pizza  
1045 Columbia, New Westminister, BC

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All opinions expressed in the Mayday are those of the individual authors and do not necessarily reflect the opinions of the Mayday staff, Club Executive, or the members of META.

META meetings are held on the fourth Wednesday of every month, except December. Publication deadline is the 30th of each month. Submissions may be e-mailed to the Editor.

Produced in Canada.

## *Speed Reading*

Oct 11	SCCBC Meeting – Best Western,	North Road	Coquitlam, BC
Oct 14	SCCBC Meeting – MRP		Mission, BC
<b>Oct 14&amp;15</b>	<b>CACC Race #6 – MRP</b>	<b>SCCBC</b>	<b>Mission, BC</b>
<b>Oct 14</b>	<b>Cascade Enduro – PIR</b>	<b>CSCC</b>	<b>Portland, Or</b>
Oct 25	META Meeting – Boston Pizza	7:30	New West, BC
Oct 28	SCCBC Banquet – Coast Hotel and Convention Center		Langley, BC
Nov 8	SCCBC Meeting – Best Western,	North Road	Coquitlam, BC
<b>Nov 11</b>	<b>ICSCC Banquet - SeaTac Marriott</b>		<b>Seattle, Wa</b>
Nov 18	VRBC Gala – Delta Town & Country		Delta, BC
Nov 22 AGM	META Meeting – Boston Pizza	7:30	New West, BC
Dec 8&9&10	Big White Winter Stage Rally	WCRA	Kelowna, BC
Jan 27, 2018	META Banquet – Guildford Golf and Country Club		Surrey, BC



**SPORTS CAR CLUB**  
OF BRITISH COLUMBIA

**S.C.C.B.C.**

presents



## *The 6th and final race weekend of the 2017 season*

A CACC Sanctioned Event

*Featuring Time-Attack on Saturday and Vintage Racing on Sunday*

**This is a triple points event with a points race on Saturday and two points races on Sunday.**

*Rivers Edge Roadcourse, Mission, BC*

**Please note there will be no concession this weekend.**  
**Lunch will be provided to the volunteers with a BBQ dinner Saturday night provided by SCCBC**

## *Past-Presidents Report*

Holiday, holiday. Yes we had our trip – a cruise to Alaska with my brother and his friend. My first trip on a cruise and if you don't have it already – put it on your bucket list. We had a wonderful time and lucked out with the weather. Juneau, Skagway and Ketchikan, all three stops we had a full sunny day and on the day we went to Glacier Bay, the weather was spectacular. It is a trip you have to do. Food was good, drinks were good and the company was good. Except after we docked in Vancouver, Ann and I ended up with a virus, coughing and stuffed up nose for 2 weeks, but we survived!

Wanted, wanted. Executive positions available are President and Vice President. We need to fill these positions to help the club to continue to our 50<sup>th</sup> anniversary coming up soon. META is the only trackside volunteers club in North America with a very good history. If you want to run for office, please contact Joe Proud of the Nominating committee. Election date will be November 22<sup>nd</sup>.

The club needs to update its constitution and Bylaws under the new Societies Act within the next year. We obtained an up to date status of all of the correspondence on record and we need to see what corrections or updates need to be made. A committee has been formed to review and make suggestions to bring to the membership for approval. If you are interested in this, please contact Ann.

The flag station at Turn 8 has been moved to its old location as the drivers claimed that they could not see the flags. Turn 2 station has also been moved so we have to see the results next race weekend. After the final race weekend, we have to put the clubhouse to bed for the winter. Date to be announced later.

See you at the track for the final race of 2017 on October 14 and 15 weekend.

Yours in the sport

*Roger*

The Past-Prez

# *Annual General Meeting*

*META's Annual General Meeting will be held on*

***Wednesday November 22***

*Boston Pizza, 1045 Columbia St, New Westminster at 7:30pm*

*Please plan on attending this meeting as our annual elections will be held at this time.*

*The positions available are:*

*President, Vice President, Secretary, Treasurer*

# SCCBC Club Meeting

PREVIOUSLY SCHEDULED FOR

Wednesday- October 11, 2017 at 7:30 p.m.at the Best Western in Coquitlam

HAS BEEN CHANGED TO

*Saturday, October 14, 2017 at the Track*

Mission Raceway Park after the day's events

After the meeting, you are invited to attend:

SCCBC is hosting a Barbecue Windup Party on Saturday evening after the Club Meeting.

It will be catered by Valley Catering and they will be serving barbecued steaks, chicken and providing salads

Volunteers will be given free tickets

Drivers will be given 2 free tickets each

Extra tickets will be available at \$10 dollars each.

Also note there will be no concession available for this weekend. Wayne, the owner of the concession, passed away suddenly on the 25th of September and his memorial is on Saturday.

There will be no breakfasts but we will be providing lunch on Saturday and Sunday for the volunteers.



## 2017 INDUCTEES

Bill Tomicki	Hot Rod & Custom Car
Cort Elliott	Hot Rod & Custom Car
Dale Pennock	Car Collector & Restorer
Dan Maxwell	Hot Rod & Custom Car
Harry Robertson	Car Collector & Restorer
<b><i>Dr. Keith Wong</i></b>	<b><i>Sports Car &amp; Road Racing</i></b>
Ken Molyneux	Motorcycling
Les Miller	Hot Rod & Custom Car
Pat O'Connor	Hot Rod & Custom Car
<b><i>Pete Jadot</i></b>	<b><i>Sports Car &amp; Road Racing</i></b>
Ron Lacey	Motorcycling
<b><i>Tony Carruthers</i></b>	<b><i>Sports Car &amp; Road Racing</i></b>
Wade Olson	Drag Boat Racing
BC Custom Car Association	Club Recognition
Robert G. Hunter	Photographer & Historian - Sandy Lovelace Award



**Reminder...**

# **SCCBC 2017 AWARDS BANQUET**

**October 28, 2017**

**THE COAST HOTEL & CONVENTION CENTRE**

**20393 Fraser Highway  
Langley, B.C.**

Cocktails: 5:00 p.m.  
Dinner: 6:00 p.m.  
Award Presentations: 7:30 p.m.

Dancing to follow 8:30 p.m. - midnight with entertainment provided by

***KAL TRAVIS***

**TICKETS \$50 dollars each, available by e-mail [rstec@telus.net](mailto:rstec@telus.net)  
or by phone @ 778-986-3546**

We can **reserve tables** for groups of 8 people.  
Reservations must be made well in advance of the banquet.

To **book a room**, use **Group Number is GF5869**.  
A standard room based on double occupancy is \$109.00 per night

*Hope to see you there!*  
*Gayle Baird*  
*Secretary*

Join us for the  
ICSCC 60th anniversary  
with a Diamond Celebration

*Black and white Banquet*

Saturday November 11th  
SeaTac Marriott

Happy Hour 5:00pm

Awards Dinner 6:30pm



# Earthquakes

B.C. is considered a high-risk earthquake zone, so be prepared to be on your own for a minimum of 72 hours by developing a household plan, putting together your emergency kit and connecting with your neighbours. By planning ahead and practicing drills, you and your family will know what to do.

## **During an earthquake... drop, cover and hold on**

**If you are inside, stay inside.** DO NOT run outside or to other rooms during shaking.

- DROP down onto your hands and knees (before the earthquake knocks you down). This position protects you from falling, but allows you to still move if necessary.
- COVER your head and neck (and your entire body if possible) under a sturdy table or desk. If there is no shelter nearby, only then should you get down near an interior wall (or next to low-lying furniture that won't fall on you), and cover your head and neck with your arms and hands.
- HOLD ON to your shelter (or to your head and neck) until the shaking stops. Be prepared to move with your shelter if the shaking shifts it around.

## **What do I do if...**

I'm in a wheelchair?

- Lock your wheels and remain seated until the shaking stops. Always protect your head and neck with your arms, a pillow, a book, or whatever is available.

I'm in bed?

- Hold on and stay there, protecting your head with a pillow or blanket. You are less likely to be injured staying where you are. Broken glass on the floor has caused injury to those who have rolled to the floor or tried to get to doorways.

I'm in a high-rise?

- Immediately drop, cover and hold on. Avoid windows and other hazards. Do not use elevators. Do not be surprised if sprinkler systems or fire alarms activate.

I'm in a stadium or theatre?

- Stay at your seat or drop to the floor between rows and protect your head and neck with your arms. Don't try to leave until the shaking is over. Then walk out slowly, watching for anything that could fall in the aftershocks.

I'm in a store?

- Immediately drop cover and hold on. If you must move to get away from heavy items on high shelves, drop to the ground first and crawl only the shortest distance necessary.

I'm outside?

- Move to a clear area if you can safely do so; avoid buildings, power lines, trees, signs, vehicles and other hazards.

I'm driving?

- Pull over to the side of the road, stop and set the handbrake. Avoid overpasses, bridges, power lines, signs and other hazards. Stay inside the vehicle until the shaking is over. If a power line falls on the car, stay inside until a trained person removes the wire.

I'm near the shore or on the beach?

- Drop, cover, and hold on until the shaking stops. If the shaking is severe and you are in a tsunami risk area, immediately evacuate to high ground. Don't wait for officials to issue a warning. Walk quickly, rather than drive, to avoid traffic, debris and other hazards.

*Information provided by Earthquake Country Alliance.*

## **After the Shaking Stops**

When an earthquake is over, it's important to stay calm and move cautiously, checking for unstable objects and other hazards above and around you. If you are injured, treat yourself first and then assist others. Also, be aware of the potential for aftershocks - and continue to drop, cover and hold on if you feel them.

***Do not call 9-1-1 unless a life is at stake.***

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<http://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/prepare-your-home>

## **Prepare Your Home**

During a disaster, phone, gas, electrical and water services may be disrupted. Roads could be blocked, stores closed and gas stations out-of-service.

It may be weeks before infrastructure, utilities and essential services are restored. Are you prepared to cope?

Completing the steps in the PreparedBC: Household Preparedness Guide and filling in the blanks of the PreparedBC: Household Emergency Plan will help you answer "yes".

### **Eleven Steps to a Prepared Household**

1. Identify the risks for your region
2. Complete the PreparedBC: Household Emergency Plan , and identify at least two out-of-area contacts
3. Pick a meeting spot in case you're separated from family members
4. Assign someone to collect your children from school or daycare if you can't
5. Identify what official sources you'll get information from
6. Learn how to turn off utilities
7. Store enough emergency water for your family for a minimum of three days
8. Store enough emergency food to support your family for a minimum of three days
9. Identify any special needs, such as medications, baby formula or pet food, and make sure a proper supply is on hand
10. Secure your space if you live in an area where earthquakes are a risk
11. Create grab-and-go bags for every member of your household



## ***Build an Emergency Kit***

Creating a home emergency kit doesn't need to take long. Just follow the basic list below and store your collected supplies in an easy to access location.

- First-Aid kit
- Battery-powered or hand-crank radio
- Flashlight and extra batteries
- Whistle to signal for help
- Cellphone with charger
- Cash in small bills
- A local map with your family meeting place identified
- Three-day supply of food and water
- Garbage bags
- Dust mask
- Seasonal clothing and footwear

### **The Importance of Water**

#### **How much is enough?**

The general rule is four litres of water per person per day, but there are a few caveats:

- Children, nursing mothers and sick people may need more
- If you live in a warm region of B.C., hot temperatures can double water needs
- Pets need about 30 millilitres of water per kilogram of body weight per day. For example, an average-sized cat or small-sized dog needs at least 1/5 of a litre, or half a cup, daily

#### **How and where do I store my water?**

It's recommended you purchase commercially-bottled water and keep it in its original container in an easily accessible, cool and dark place. Don't open it until you need it.

Observe the expiration or "best before" dates. Set a reminder in your phone or remember to check the dates when the clocks "spring forward" and "fall back".

#### **What hidden water sources are available in my home?**

It's easy to locate safe water sources in your home. These include the water in your hot-water tank, pipes and ice cubes. It's recommended you don't use water from toilet tanks or bowls, radiators, waterbeds, swimming pools or spas.

#### **Can I purify my own water?**

We recommend purchasing commercially-bottled water; however, the Ministry of Health has information on the steps you can take to purify and bottle your own.

#### **What about water filtration devices?**

These devices are becoming more and more popular, perhaps because they don't take up as much room as several litres of bottled water. There are a lot of different options out there – different brands offer many different types, ranging from water bottle-sized to 18-litre containers or larger. If you choose to go this route, it's still not a bad idea to store some bottled water as well.



## Grab-and-go

Don't count on being home when there's an emergency. In addition to having one at home, create grab-and-go bags for your work and vehicles that contain:

- Food (ready to eat) and water
- Flashlight and batteries
- AM/FM radio
- Medications
- Seasonal clothing
- Blanket
- Cell phone charger
- Pen and notepad
- Personal toiletries
- Small First-Aid kit
- Extra pair of glasses or contacts
- Cash in small bills
- Local map with your family meeting place identified
- Whistle

- 
- 1.** Identify the risks for your region.
  - 2.** Make an emergency phone list with at least one out-of-area contact.
  - 3.** Pick a meeting spot if you're separated from family members.
  - 4.** Assign someone to collect your children from school or daycare if you can't.
  - 5.** Identify what official sources you'll get information from.
  - 6.** Learn how to turn off utilities.
  - 7.** Store enough emergency water for your family.
  - 8.** Store enough emergency food to support your family for a minimum of three days.
  - 9.** Identify any special needs, such as medications, and make sure a proper supply is on hand.
  - 10.** Secure your space.
  - 11.** Create grab-and-go bags.

**Bernie Hamm**  
Auto Technician 'The Doctor'

604-287-3332  
Mission, BC



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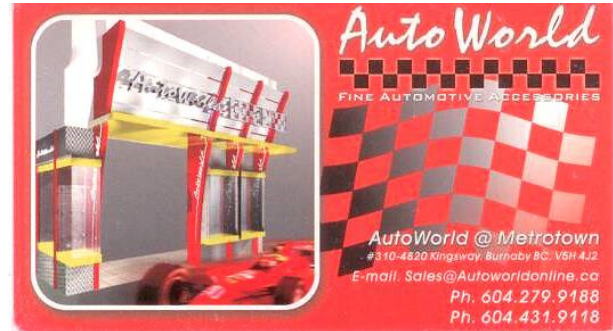
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Membership cost is \$25 / year – Membership year ends Dec. 31 – Note that the META newsletter is only sent via E-Mail